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ABSTRACT

The University of California San Francisco AIDS Health Project has more than 15 years' experience in working with thousands of people with AIDS. This guide, developed by the Project, provides practical, state-of-the-art resources in the field. Part 1, "Risk and Behavior: Helping Clients Remain Uninfected," covers the following topics: (1) "HIV Test Site Counseling for Gay Men: Harm Reduction and a Client-Centered Approach" (W. Odets); (2) "HIV Test Counseling: Does It Change Behavior?" (S. B. Montgomery; D. G. Ostrow); (3) "Behavior Change Theory and HIV Prevention" (D. Silven); (4) "A Developmental Perspective on Behavior Change" (M. Hochhauser; T. A. Beaumont); (5) "Prevention and Culture: Working Downhill to Change HIV Risk Behavior" (A. Houston-Hamilton, N. A. Day); (6) "Substance Use Case Management, Harm Reduction, and HIV Prevention" (M. Garfinkel). Part 2, "Transformation and Psychotherapy: Helping Clients Live with HIV," presents: (7) "HIV Disease as an Agent of Transformation: A Survey of Therapeutic Approaches" (I. Katz, J. W. Dilley), which includes four case studies; (8) "The Role of Psychotherapy in Coping with HIV Disease" (J. Devine); (9) "HIV Disease over the Long Haul: Hope, Uncertainty, Grief, and Survival" (A. Rose); (10) "Beyond Stereotypes: Stigma and the Counseling Process" (M. T. Fullilove). Part 3, "Distress and Disorder: Helping Clients with Psychiatric Conditions," includes: (11) "Anxiety and Depression: Mood and HIV Disease" (D. H. Karasic, J. W. Dilley); (12) "The Clinical Management of AIDS Bereavement" (P. B. Goldblum, S. Erickson); (13) "Personality Disorders and HIV Disease: The Borderline Client" (M. K. Nelson; R. L. Klinger); (14) "The Diagnosis and Management of HIV-Related Organic Mental Disorders" (W. G. Van Gorp, J. W. Dilley, S. L. Buckingham); (15) "Addressing Substance Abuse in Clients with Psychiatric Disorders and HIV Disease" (J. E. Zweben). Part 4, "Therapeutic Practice and Countertransference: Personal Challenges for Therapists," includes: (16) "Present in the Balance of Time: The Therapist's Challenge" (J. D. Benson, J. Brookman); (17) "Multiple Loss and the Grief of Therapists Working with HIV" (B. E. Davis, D. W. Cramer); (18) "Making Difficult Decisions" (E. Glassgold, J. W. Dilley). Personal reflections are provided by M. Helquist with a prologue "Living with

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Therapy." In an epilogue, "The Psychotherapist and HIV Disease," J. W. Dilley outlines evolution in the role of the therapist. (EMK)

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